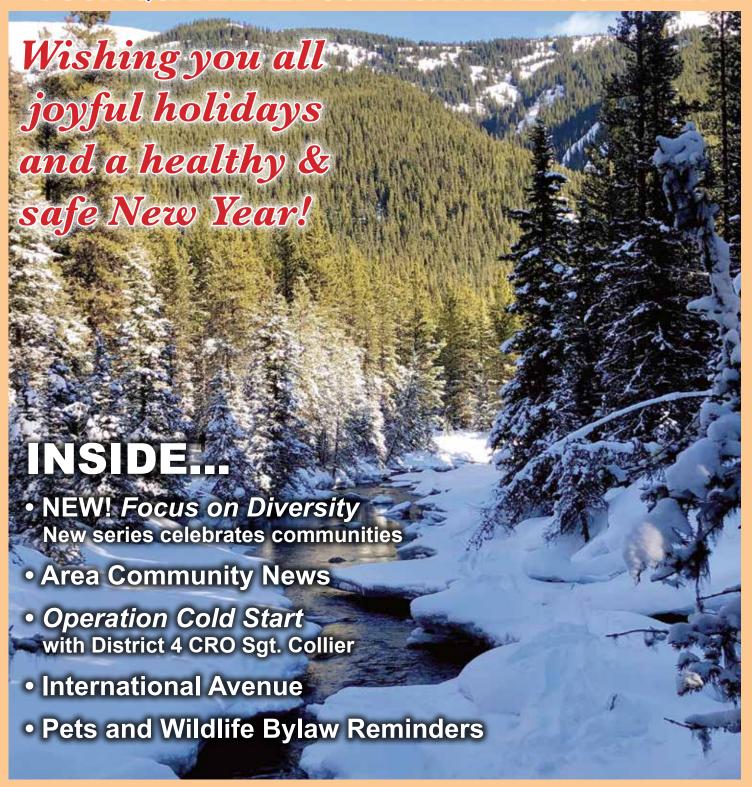
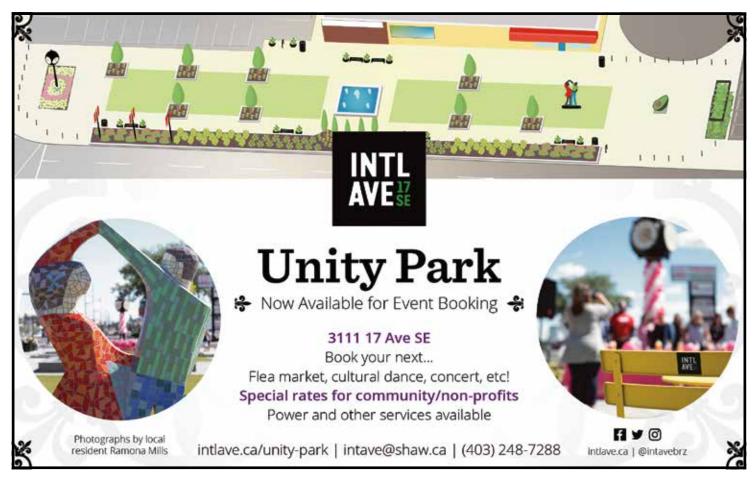


12 COMMUNITY CONNECTOR

WINTER 2021-2022

YOUR QUARTERLY COMMUNITY NEWSLETTER





WELCOME!

To the newest members of our business community

Calgary's Culinary and Cultural Capital



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Maanes Filipino Food Stuff 3607 17 Ave SE - (403) 248-8425

Marcus Special Kakanin 3607 17 Ave SE - (403) 991-6223

Nile Liquor 3908B 17 Ave SE • (587) 496-0203

NuCare Medical/ Shifa Professional 4302 17 Ave SE • (587) 779-8887

Ria Boutique 240, 1830 52 Street SE • (403) 399-7008

Rogers Auto Repair 5707 17 Ave SE • (403) 248-2003

Sia Grocery Corp 4721 17 Ave SE • (403) 248-0619

12 Community Safety Initiative Message

Happy winter season to you all! Merry Christmas, happy New Year, happy Hanukkah, happy Kwanzaa, Feliz Navidad, happy Valentine's Day and a happy Family Day.

The East Calgary Ambassador Program is going strong, building relationships with neighbours all along International Avenue. Keep your eyes open on our International Avenue for the Purple people!

We are through our election season - we encourage you to continue with that excitement and passion to get involved in making your great community even better. Whether it's volunteering for a local agency, your community association or advocating to all levels of government, it takes all of us to make a great society.

Look for information on our "Focus on Safety" series in the newsletter. We'll be focusing on Cyber Bullying, what you can do to avoid it and how to support those suffering from it.

In the early months of 2022 we will have seven to ten University practicum students in the office working on a variety of projects. Our social work students will be working alongside our ambassadors each day out on International Avenue. If you see them, join us in welcoming them to the avenue. Projects also include our 5th annual Pink Shirt Day and Anti Bullying projects working with our local youth, plus a technology project that will connect our local young people with safety resources. We look forward to sharing the results of these projects in our next issue.

Are you following us on social media? If not, you should! Our Twitter and Facebook pages are full of timely, relevant safety information and events. We have also made a Mental Health film that will be premiering on Pink Shirt Day (Feb 23) and translations are continuing to be added to our traffic safety videos. Look for Vietnamese and Executive Director 12 CSI Arabic translated videos on our YouTube channel.



Larry Leach

Many of our partner organizations are thriving and you can read more about them in the following pages. The Greater Forest Lawn 55 Plus Club is back to full operations if you are vaccinated and masked. The International Avenue Arts and Culture Society (IAACS) has seven new Artists in Residence. Most of our local area community associations are back to operating with vaccine restrictions and masking. We hope to see more community events planned and look forward to getting out to see everyone again.

Join Michelle at the monthly "Indigenous Reads" book club. Look for more details in this newsletter.

It's more important than ever to look out for one another. "Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about the kind of community you want to live in." Get out there and make your community better - every day!

WHAT IS 12 CSI ALL ABOUT?

12 Community Safety Initiative (12CSI) is a local area crime prevention collaborative that fosters community action on the issue of crime prevention by providing support, facilitation and advocacy.

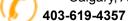
We operate in the communities of District 4 of the Calgary Police Service which are Abbeydale, Albert Park/Radisson Heights, Applewood Park, Calgary Marlborough, Crossroads (Mayland & Vista Heights), Dover, Erin Woods, Forest Heights, Forest Lawn, Marlborough Park, Penbrooke Meadows and Southview.

Together, we work toward creating safer neighbourhoods using the actions of our Teams - Youth, Communications, Diversity, Community Action and Governance.

CONTACT: 12 Community Safety Initiative

Unit 250, 3515 - 17 Avenue SE Calgary, AB T2A 0R5





info@12csi.ca Send event information to: calendar@12csi.ca



ww.facebook.com/12CSI/

@TwelveCSI



YouTube: www.youtube.com/channel/UCnV8UrTZjjaWkxxWgJwb5_A

Our vision is communities that are vibrant, inclusive and free of crime.

12CSI is also involved in these other pilot, community-based, safety-focused Facebook groups:

- Indigenous Pride with 12CSI
- Crossroads Community Safety Page



ABOUT THIS NEWSLETTER

12 COMMUNITY CONNECTOR

Delivered by Canada Post to over 30,000 homes in your neighbourhood every three months. Full colour on EVERY page and EVERY ad. **Exciting partnerships with business and social** organizations in the communities.

ADVERTISE WITH US TO MAXIMIZE YOUR REACH IN EAST CALGARY

Call Larry at 587-223-3749 or larry@12csi.ca



This article is one presentation of a 12 part series whose intent is to celebrate and share aspects of the many different cultures that make up our neighbourhoods. Many thanks to the the Multiculturalism, Indigenous and Inclusion Grant (MIIG) Program from Alberta Culture and Tourism whose support makes these presentations possible.



Reflections of Our Vietnamese Community in Calgary by Anthony Chim

A journey of one thousand miles begins with one single step.

More than three decades ago, my family and I made that significant step by immigrating to Canada. Since then, we have called Canada our new home, and personally I have embraced all the great values this great country: freedom, democracy and human rights.

As a Vietnamese Canadian, I have enjoyed living in three different communities in Calgary, Dover, Marlborough Park, and Applewood, before settling in Springbank ten years ago.

I had many great memories as a Forest Lawn High School graduate and as an alumni of the University of Calgary. I was fortunately to become the first Vietnamese-born Principal in Canada, and a proud recipient of to many honorable awards, including *Immigrant of Distinction*, *Centennial Medallion*, and *Leader of Tomorrow*.



Immediately upon settling in Calgary, Canada, I began to volunteer for many Vietnamese and mainstream organizations. I have seen the tremendous growth of our amazing Vietnamese community. I am proud of our community's achievements in serving Vietnamese Canadians and new immigrants in Calgary.

Nevertheless, I have witnessed the challenges that our Vietnamese community has to face on a daily basis. These include:

1. On-going support for new immigrants

Each year, Calgary welcomes many Vietnamese immigrants. Thus, they need on-going support in these areas: ESL training, job search, heath-related issues, and social services resources.

2. Covid-19 Pandemic

Many of Vietnamese businesses, dominantly in the nails and restaurant areas, have suffered a great deal from this tragic pandemic. A few nails salons and restaurants had to close permanently after suffering severe financial loss during the pandemic. This directly created a high unemployment rate in our community.

3. Mental Health Support

Mental wellness remains a foreign concept to most of our Vietnamese community members; a few still consider it a taboo.

Further support needed for my community members:

1. Calgary Journey to Freedom Park

This major project was launched on April 30th, 2021. The Journey to Freedom Park will be a multi-purpose place for reminding Vietnamese Canadians of the reasons they left their native country, for teaching the next generations about Vietnamese heritage, and for honoring all Canadians for their kindness to our Vietnamese community. With a budget of 1.25 million Canadian dollars, on-going financial donations are much needed to complete this impactful project.

2. Build a more spacious Vietnamese Community Hall

With the rapid growth of Vietnamese population in Calgary, a more spacious community hall is needed immediately to accommodate the needs of our members. The current main office (also served as our community hall) has a very limited capacity.

3. Building a Vietnamese Community Seniors Home

Many failed attempts have been made regarding this project. One of my life-long wishes is to retire at a seniors home for Vietnamese Canadians. This is also a wish of many other community members.

"Together, we can make a difference".

Our community always needs your help and support. Please contact me for further information of getting involved:

Facebook: Anthony Chim

Email: Antoniocanada2002@yahoo.ca

Phone: 403-619-2550



ALBERT PARK/RADISSON HEIGHTS CA

2636 12 Avenue SE 403-272-7317

Meetings: 2nd Tuesday at 7pm

AR aprh@shaw.ca aprh.ca

PRESIDENT'S MESSAGE

Hello everyone!

Time is certainly speeding along to the end of yet another Covid-infested year. Hoping everyone is vaccinated-wise.

APRH held its annual general meeting and, to inform you all, after I had said "*I will be stepping down as president*" - well, it did not happen.

Our Albert Park / Radisson Heights Community Association is short on members and the feelings of the board was that I should stay in the position. So they they voted me back in!

I felt it was in the best interest of our community to have the position filled rather than vacant. So again, I will pledge my duties for our community.



The city elections have been held and our mayor and councillors are in place. I must say the last four years has not given us much hope in many areas. However, **the board has decided we will prioritize some projects and charge forward in the new year.** I will inform you on our agenda for projects in the new year. I will be giving this a strong voice.

The community garden was a huge success this season



even though fickle Mother Nature had her own ideas sometimes on the weather. I want to thank our active volunteers who help make my job easier.

We have a welcomed new member who will be in charge of our community association's memberships. We will be partnering with a group (and anyone else

who would like to join us) to do a membership drive in 2022 for our community. When we knock on your doors to encourage you to become a community association member please consider the low cost of having an active voice in the future of your community. (see below.)

Also, please think about participating in some active volunteer involvement by donating as much time, or as little time, as you are able.

With regard to the Covid situation and the need to keep ourselves safe, the Greater Forest Lawn Seniors Breakfast will resume next year on the third Thursday, January 20, 2022. Hope to see you all again.

Wishing you all to be well and safe.

Nancy Kearney, President Albert Park/Radisson Heights Community Association

Albert Park/Radisson Heights Community Association
MEMBERSHIP FORM

Family Name(s)		se check the opriate box.	☐ Single ☐ Family	•
Address		Please make out chec	que to:	
Postal Code		Albert Park/Radisson Heights Community Association then mail cheque and completed form to:		
ˈEmail		2636 12 A	venue SE, Calgar	ry AB

BYLAW REMINDERS - Pets and Wildlife

Responsible pet ownership

Responsible Pet Ownership Bylaw 23M200



The Responsible Pet Ownership Bylaw enables The City to work with Calgarians to ensure that cats, dogs, their owners and neighbours live together in safety and harmony.

Licensing your pet

Both cat and dog owners are responsible for licensing their pets at three months of age and for keeping pets on their property. Dogs must wear their current City of Calgary licence tag. Cats must wear their tag only if they do not have a visi-

ble tattoo or microchip.

For more information on licensing your pet, call 311 or visit pets.calgary.ca.

Pets in public spaces

Cats and dogs must remain on their owner's property or be under their control at all times. Pet owners are responsible for ensuring that:

- Cats do not roam freely off their property.
- Dogs are kept under control by means of a leash.
- In designated off-leash areas, dogs remain within the owner's sight and respond promptly to owner's commands.
- On a pathway, dogs are walked on the right hand side, are attached to a leash no more than two metres (6.6 feet) in length and do not interfere with or obstruct other pathway users.
- Owners are required to pick up and properly dispose of their animal's feces immediately.

Animals are prohibited in school grounds, playgrounds, sports fields, golf courses, cemeteries, wading and swimming areas, and other areas prohibited by signs.

Lost pet

Owners are encouraged to take the following measures when a pet is missing:

- Immediately file a lost pet report with 311.
- View the impounded animals at calgary.ca/animalservices and visit the Animal Services Centre, located at 2201 Portland Street S.E.
- Check in with the Calgary Humane Society, nearby vet clinics and other rescue organizations.

An up-to-date pet licence can reunite pets with their owners quickly. Pet owner contact information on pet licenses can be updated at calgary.ca/pets and through microchip companies and/or tattoo providers.

Responsibilities of pet owners

Owners are responsible for keeping their pets safe. This includes ensuring that:

- Owners do not rollerblade, ride a bicycle or skateboard on a pathway with a leashed dog.
- Animals are not left unattended while tethered or tied on public or private property.
- Animals are not left unattended in a vehicle unless there is suitable ventilation and weather conditions are appropriate. The pet's movement must also be restricted to prevent access to people outside the vehicle.
- Animals are secured while in a moving vehicle, whether in a secured kennel or in a harness and specialized pet seat-belt.
- When riding in the back of a pickup truck, dogs are secured in either an enclosed topper, a ventilated kennel or similar device fastened to the truck bed or tethered in such a manner that protects the animal from harm.

Livestock

Land Use Bylaw 1P2007

Livestock includes, but is not limited to, chickens, pheasants, ducks, swine, horses, llamas, sheep and goats.

Generally, livestock is prohibited within city limits except where permitted.

Wildlife

Parks and Pathway Bylaw 20M2003

It is illegal to feed wildlife in a park. Feeding habituates wildlife to humans; causing them to lose their natural fear.



This can cause conflict in encounters between animals, humans and pets. It also creates dependence on unnatural food sources — meaning animals can lose their ability to survive in the wild.

You may even feed wildlife by accident: improper disposal of garbage in parks, or residential areas near parks can be a food source. Deposit all garbage in a tightly closed bin.

Remember: do not approach or feed wildlife, keep outdoor cooking areas clean in both parks and your yard, keep compost and waste in appropriate receptacles and, if possible, pick up any fallen fruit in your garden. Always remember to clean up after your dog. And keep them on leash, unless in a designated off-leash area.

OVER 55?

JOIN THE HUB



FOR 55+



Spice up your fall with Saturday Night Dancing, Zumba, Tai Chi, Crafting, BINGO, Darts, Card Games, Paint Nights, Coffee & Conversation, Computer Courses, Arm Chair Travel, Rent-A-Bike, Meditation, Men's Shed, Book Club, Line Dancing, Bees Knees Wellness Fitness Over 55, Gardening, Cooking Classes, Walking & Wellness and Drum Fit.

So much more than an Activity Centre - A home away from home.



PROUDLY CELEBRATING 45 YEARS PROVIDING INFORMATION, PROGRAMS AND SERVICES THAT ENHANCE THE QUALITY OF LIFE FOR SEASONED ADULTS AND THEIR FAMILIES.

Visit us for a complimentary tour Monday to Friday 8 am - 4 pm. 3425 26 Avenue SE 403-272-4661 www.gfls.org







Preplanning - Celebrations of Life - Cremation - Reception (403) 235-3602 24-hours

WWW.PIERSONS.CA - 4121, 17TH AVE SE CALGARY AB







ERIN WOODS COMMUNITY ASSOCIATION

83 Erin Park Drive SE 403-273-7209

President: Lori Losowy

erinwood@telus.net http://www.ewcacalgary.ca

Meeting: 2nd Monday, 7pm

Please find and "LIKE" us on Facebook at: Erin Woods Community Association and at Erin Woods Crime Watch

WINTER MESSAGE from EWCA BOARD

Season's greetings everyone! Is it just me, or does it seem like this second 'year of covid' has gone incredibly fast?! The "new normal" has gotten old already! At least we've once again had a very nice summer season and lovely, long Fall, so fingers crossed winter isn't too terribly cold and snowy!

I hope you can all join us at the EWCA Hall for the Kids' Christmas Party, happening on Saturday, Dec. 4th, from 1 to 3pm. There will be the much-loved, horse-drawn sleigh rides around the park, hot chocolate, coffee and snacks, and of course Santa will be making an appearance! Be sure to come by, and while you're there, don't forget to enter the raffle draws for some Christmas hampers!

The Hall is now open by appointment only (and under the mandatory REP) to those fully vaccinated. Please contact Ashlynn or Carolyn at 403-273-7209 or erinwood@telus.net if you would like more information about booking an event date. Office hours vary - please visit our web site for info.

We have a couple of new board members! We are thrilled to announce that Jonathan Masri joined us in September as our new Rink Co-ordinator! He has already put together a team of rink volunteers, and they are planning to get flooding the first layers of ice as soon as the steady, deep cold arrives. Jonathan is also looking for a few more dedicated people to add to the list, so if this sounds like something you'd be interested in, please email him at ilmasrimantinanceservicesltd@gmail. com if you can help. We are looking forward to having a full season of skating this year, so hopefully the weather cooperates to help make it happen! Thanks Jonathan!

Our other new board member is Joe King, installed as Safety Director in October! Joe is busy getting up to speed on the file, and has a comprehensive list of issues to discuss with our Community Liaison Officer, Constable Miguel Lay, during their upcoming meetings. Stay tuned for more info from Joe on the crime and safety file, and find out how you can get involved with making Erin Woods safer! Thanks Joe!

The annual Erin Woods Community Clean-up Day on Sept 25th was a huge success! There was a steady stream of Erin Woodians coming by to drop off their carloads and truckloads of refuse. The totals added up to 14,440 kg of trash and 645 kg of organics, filling 4 City garbage trucks loads! There was also a whole lot of metal and electronics recycled at the event too, meaning all those items were diverted from the landfill, so it was a win-win for the environment and our homes! If you would like to volunteer at the next Clean Up Day in late September 2022, please contact the Hall office, and they will put you on the list. The more volunteers we know we will have helping with this event, the more services we will be able to offer to the community.

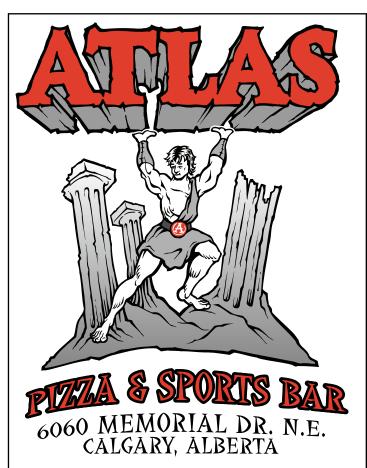
The Erin Woods Garden Committee had a busy Fall. The Mixing Spoon fundraiser was a fun and successful endeavour, and the committee wishes to thank everyone who purchased a jar of the DIY cookie, soup, and brownie mixes, or donated bottles, as these funds will help to build the garden boxes and other infrastructure at the Hall next spring! Also, a reminder that the bottle-drive fundraiser is ongoing, so if you have returnables you'd like to donate, we would be ever so grateful if you could contact Shellbie at shellbie.chayeski@gmail.com or 403-988-2445 to arrange for pick-up. You can also ask her about joining the committee or any questions about the garden plans you may be wondering about. Unfortunately, the committee made the hard decision to cancel the October 15th fundraising party at the Hall due to the complexities of the new restrictions coming in at that time, but may plan to hold another similar event in the future.

That's all the news I have for now. The board would like to wish you all a very happy and safe Christmas season, and an extra special New Year 2022, full of hope for all good things for each and everyone one of you!

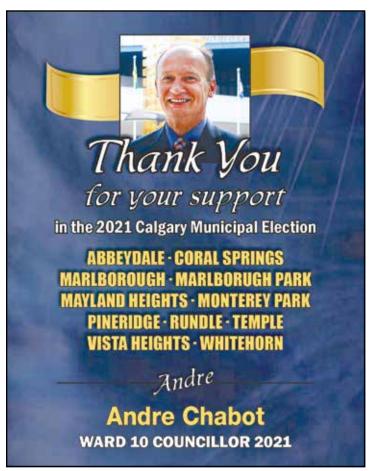
> Lori Losowy, President Erin Woods Community Association

Erin Woods Community Association
MEMBERSHIP FORM

I	
Family Name	Our fee is \$20.00 for everyone regardless of age.
Address	Please make out cheque to:
Postal Code	Erin Woods Community Association then mail cheque and completed form to:
Email	83 Erin Park Drive SE







CHAPTERS and CHAT BOOK CLUB

12CSI believes in crime prevention through community collaboration including all members of the community. To include the Indigenous community and conversations on inclusion, we have a book club called *Chapters and Chat*.

Meetings are usually held on the 2nd Monday of the month from 6:30 to 8:00pm.

Next meetings are Dec 13, Jan 10 and Feb 14.

Currently virtual meetings are held using Zoom. **To participate using Zoom,** or for more information, please contact Michelle at michelle@12csi.ca

UPCOMING READS AND CONVERSATIONS:

Dec 13 - Call me Indian by Fred Sasakamoose

Jan 10 - TRC report Volume 3 - The Mètis Experience

Feb 14 - An Act of Genocide by Karen Stote

Call 403-467-0856 or email michelle@12csi.ca or Facebook @ 12csi for more info.

Everyone is welcome!

#IndigenousReads



CALGARY MARLBOROUGH COMMUNITY ASSOCIATION CM

636 Marlborough Way NE T2A 2V9 403-273-5894

Board: Diana Tokalic (Pres.)

info@calgarymarlborough.com https://calgarymarlborough.com/ Meetings: 1st Wednesday, 7pm

CMCA BOARD MESSAGE

With a new season upon us we are thinking about what we can offer to our Marlborough residents. Many programs were cancelled in the Fall and continue to be on hold but we did have our **Annual Craft Sale** planned for November 27th.

We're hopeful that the new year will bring new beginnings and we are working with the City of Calgary to get an outdoor ice rink at the hall. We'd also like to plan a winter event. **Keep an eye on our website and Facebook page for updates and opportunities to volunteer.**

Our City of Calgary social worker, Lemlem, also has some activities planned. Please reach out to her (403-880-6045 and lemlem.haile@calgary.ca) for more information about:

- Community Art Installation: Artist Sarah Russell will provide guidance on making rock art that will be installed in the community. This project will honour the significance of the Medicine Wheel and Land Acknowledgement.
- Cooking Sharing Circle: Tuesdays, 3:45- 5pm. Learn about nutrition and discover healthy meals from a Nutritional Consultant. Workshops are provided online.
- Marlborough Youth Ambassadors: Looking for youth volunteers to be a champion in the community with fun activities and an opportunity to gain valuable experience. For ages 12 years and up.

We had our Annual General Meeting on October 20th and a couple of new board members joined our team. A big welcome to Fay Kraft and Joe Cole. We're also looking for volunteers for a new initiative – *Community Watch*. Please email CMCA if you're interested.

Have you renewed your membership? Membership is a way to get involved and show your support for your community. We are a volunteer-run organization and aim to provide programs and services that enhance our community while promoting a safe and healthy place to live, work and play.



UPCOMING MARLBOROUGH EVENTS

Dec 01 - CMCA Board Meeting – 7pm in lounge at Door #3 Jan 05 - CMCA Board Meeting – 7pm in lounge at Door #3 Feb 02 - CMCA Board Meeting – 7pm in lounge at Door #3

BOB LEE SCHOLARSHIP

The Calgary Marlborough Community Association awards the **Bob Lee Scholarship** to a deserving and a qualifying Marlborough resident every year. Please refer to our website to apply if you are a current post-secondary student (in-

cludes trade schools) or will be entering a post-secondary institution and have been involved in sports or volunteering.

Bob Lee Scholarship Recipient for 2021

Congratulations to Hassan Sobh!



Check out our Facebook page at:
CalgaryMarlboroughCommunityAssociation
and our Instagram at: marlborough_community

Calgary Marlborough Community Association MEMBERSHIP FORM

Family Name(s)] Single - \$ 10] Family - \$ 20
Address Ph. # Postal Code Ph. # Email	Please make out cheque to Calgary Marlborough Couthen mail cheque and com 636 Marlborough Way I	mmunity Association

COMMUNITY SAFETY - Winter Months and Operation Cold Start

Hello to the 12 CSI community!

With the seasons changing and the cold weather just around the corner it is important for us to discuss the increase in stolen vehicles that takes place around this time of year with the ease of access to running vehicles, as they warm up.

It is important to help prevent warm-up thefts with the following precautions:

- Use a remote starter or stay with your vehicle as it warms up
- Never leave your keys inside your vehicle
- Don't leave a running vehicle unattended
- Never leave children or pets inside a vehicle
- Use a steering wheel lock
- Keep your vehicle locked at all times
- Remove garage door openers from your vehicle

Vehicles left running during the cold weather are regularly stollen from outside of residences, outside restaurants and outside convenience stores.

Stay safe and stay warm!

Sgt. Kevin Collier, #4401 District 4, Community Resource Officer

For more information about crime prevention, please visit the Calgary Police Service Web site at www.calgarypolice.ca.



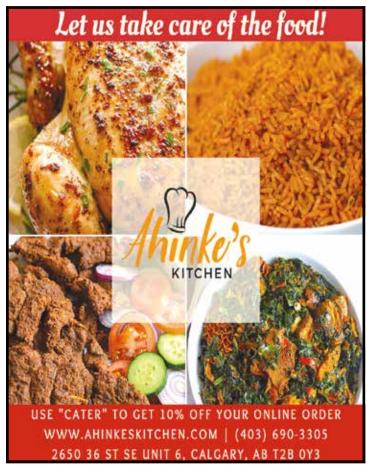
AUTO THEFT PREVENTION



BY CALLING 403-266-1234

Auto thefts are crimes of opportunity. Do your part to keep your vehicle safe.







MARLBOROUGH PARK COMMUNITY ASSOCIATION MP

6021 Madigan Drive NE T2A 5G8

www.marlpark.ca

403-248-1775 Tim Decaire, President Communications: Mario Deshaies marlpark@shaw.ca

Meeting: 2nd Wednesday - 7pm

MESSAGE FROM THE BOARD

Dear Marlborough Park Residents,

We have already passed through November 2021 and the Holiday season is quickly approaching. Although we have faced some very challenging times over the last 20 months due to the pandemic, we are well on our way towards recovery.

We have many plans including a staged refurbishment of our plumbing infrastructure.

Your board has been working very diligently towards a business plan that is focused on increased activity and sustainable operations.

Wishing everyone all the best during this Holiday Season and a very Happy prosperous and safe New Year!

Andre Chabot, Past President Marlborough Park Community Association

MPCA NEWS and EVENTS!

MARLBOROUGH PARK PRESCHOOL NEWS

We have ongoing preschool registration. Due to covid we are only offering 2 and 3 days a week programs. If you have any questions about government subsidies and the cost of classes, please inquire at 403-248-1775 or in person at the hall.

We would like to welcome Ms. Pam back!

Due to covid we are doing cohorts to keep the kids safe. We do have space in our afternoon programs - you can come in and register your child at 6021 Madigan Drive N.E.

NOTE: There is a non-refundable \$40 registration fee. For more information regarding times and costs please call the hall at 403-248-1775 and ask for Denyse.

More NEWS and EVENTS!

HALL RENTALS

If you are in need of space to have a meeting or gathering, we are ready to accept hall and/or space rentals. For more specific information regarding price and spaces, please call the hall at 403-248-1775 or drop by the hall at 6021 Madigan Drive NE. We will be following all COVID guidelines as it is adjusted.

UPCOMING BINGO dates at Bingo Palace 2604 – 35 Avenue NE

December 06, 2021	Monday	4:30pm to 9:30pm
December 15, 2021	Wednesday	4:30pm to 9:30pm
January 03, 2022	Monday	10:30pm to 3:30pm
February 06, 2022	Sunday	4:30pm to 9:30pm
February 18, 2022	Friday	4:30pm to 9:30pm

GOOD FOOD BOX DATES (2022)

Money due:	Delivery date:
January 03	January 24
January 24	February 04
February 21	March 04
March 14	March 25
April 18	April 29

For more information please contact Denyse at 403-248-1775.



Marlborough Park Community Association Membership Application

	• • • • • • • • • • • • • • • • • • •
Name	
Address	Postal Code
Telephone (Day)	E-mail Address
Membership fees: \$20 per family Memberships expire August 31, 20	y (yearly) \$10 per senior 60 years of age or over (lifetime) 021
Make cheque payable to: Marlb	orough Park Community Association
Mail completed application to:	Marlborough Park Community Association

6021 Madigan Drive NE Calgary, AB T2A 5G9



This article is one presentation of a 12 part series whose intent is to celebrate and share aspects of the many different cultures that make up our neighbourhoods. Many thanks to the the Multiculturalism, Indigenous and Inclusion Grant (MIIG) Program from Alberta Culture and Tourism whose support makes these presentations possible.



Building Resilient Communities through Bayanihan by Ernie Alama

When no one is there to help, a Filipino will step forward to lend a hand. *Bayanihan* is one of the world's greatest traditions that is inherently Filipino. It is an altruistic intent and a self-sacrificing act for the welfare of others.

There is no literal translation of *Bayanihan*. Its most plausible etymology is associated with the term "bayan" to mean village or community. It denotes a knitted relationship of individuals ready to serve or provide support when needed. Its ethnocultural nuance is the collective efforts to carry out a task motivated by pure intent to support an individual, a family or community. When someone invokes for *Bayanihan*, it awakens the inherent sense of volunteerism and self-sacrifice of Filipinos. The same invocation also means a call for unity.

Bayanihan may mean a simple task or a more complicated endeavour. The crux of the matter is cooperation -- let's work together to lighten the task. A typical Bayanihan icon readily available online is the house-moving tradition depicting a group of men carrying a bahay-kubo (stilt house) using bamboo poles to transfer it to a new place. The women prepare the food at the relocation site, as a simple thanksgiving festivity follows after the transfer. However, others elevate the call for Bayanihan to a more challenging and dedicated action in the community. In adversities and disastrous events of great loss and tragedy, a community may invoke for Bayanihan in the spirit of damayan (sympathy or support for people in need).

Among the large Filipino groups that have maintained at length the *Bayanihan* heritage in Canada is the Fiesta Filipino. It is a Calgary-based organization with thousands of followers among Filipino-Canadians in Alberta and across the country. It showcases the vibrant Filipino heritage and engages in advocacy and collective activities to reach out and support *kapwa-Pinoy* (fellow Filipinos). It draws in hundreds of volunteers and donors to generate support for survivors of calamities in the Philippines and the unemployed and less privileged Filipino-Canadians.

The transnationalization of the *Bayanihan* heritage overseas provides the first- generation Filipinos with a sense of home or comfort --- a sense of self-persuasion that they are not alone and that they have a community to lean on. However, in a highly capitalistic and free-market driven economy, competition, individualism, and liberalism can have a perilous impact on the collectivist Filipino identity and values. The *Bayanihan* culture may thrive, but not forever, unless carried on by newcomer first-generation Filipino immigrants or second-generation Filipino-Canadians with a strong connection to Filipino values and culture.

When immersing in a culture divergent from their values

and religious norms, some Filipinos experience backlash, disappointment, disillusionment, cynicism, and even sarcasm. Several others gave up their dream of Canada and decided to return to the Philippines. Conversely, some have successfully negotiated with the culture and heritage of the new home. They became entrepreneurs and successful in their respective fields. On either side of the scale, the cultural adjustment is a shared phenomenological experience of many Filipino families in Canada.

While Filipinos' pluralistic identity can be a source of collective strength, its most significant challenge is its inherent tendency to split into smaller groups. There are various registered Filipino society, charities, not-for-profit organizations in Canada. Bringing them together as one monolithic Filipino organization can be a challenging endeavour. Filipinos can be regionalist in perspective and tend to break themselves into smaller groupings defined based on their demography and regional identity in the Philippines.

A further challenge to reliving the *Bayanihan* tradition is self-preoccupation with work and losing interest in participating in community endeavours. First-generation Filipino-Canadians are interestingly overwhelmed themselves with multiple jobs. Unlike many Canadians who work hard and pay themselves off with travel or vacation, Filipinos, in general, work more than eight hours each day. Yet, they still find the time to come together. They love to sing, dance, dine together, and share their stories and concerns back home. Having a clique group or a smaller company of friends with the same Philippine regional ethnic background can provide gratification to the craving for acceptance and social belonging.

When Filipinos are empowered to take on leadership roles in the community, *Bayanihan* comes instinctively in their leadership exercise – a management framework that aligns naturally with the "we" culture and leadership style. Its philosophy anchors in communitarianism – a psycho-social theory of individual identity being influenced by a group's identity and sculpted over time through human relationships. *Bayanihan* is an example of a social identity that influences the makeup of Filipino individuality. It is a social capital foundational to building strong and resilient communities.

Bayanihan is about helping others without expecting something in return. It is about self-giving. Some Filipinos brag about it as their identity – and rightly so. It reflects their collective identity – grounded in social belonging. It is a pluralistic identity, but not a duality of "I and we." It is uniquely Filipino, anchored in a blend of Eastern and Western racial identity, distinguished by centuries-old heritage and pride.

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